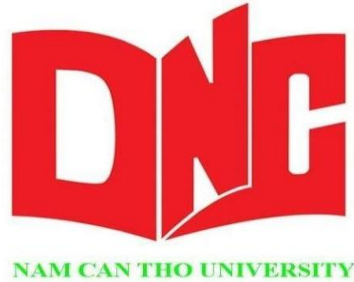


**NAM CAN THO UNIVERSITY
FACULTY OF FOREIGN LANGUAGES**



THACH THI XUAN MAI

**ENGLISH MAJORS' PERCEPTIONS OF THE
BENEFITS AND CHALLENGES OF E-LEARNING:
A CASE OF NAM CAN THO UNIVERSITY**

**BACHELOR'S THESIS
Program: English Studies
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**SUPERVISOR
NGUYEN HUYNH HUE THU**

Can Tho, 2025

DECLARATION

The thesis titled “English Major’s Perceptions of the Benefits and Challenges of E-learning: A Case Study of Nam Can Tho University” was carried out under the supervision of Ms. Nguyen Huynh Hue Thu (M.A.), a lecturer at Nam Can Tho University.

I hereby declare that this research report is my own work. The data, results, and contents represented have not been submitted for any degree or used by any candidate.

Can Tho, May 2025

Thach Thi Xuan Mai

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TÓM TẮT

Nghiên cứu được tiến hành để hiểu biết về nhận thức sinh viên chuyên ngành tiếng Anh về lợi ích và thách thức trong quá trình tiếp thu kiến thức từ e-learning. Nghiên cứu này tập trung vào đánh giá mức độ hiệu quả, khó khăn, và các đề xuất cải tiến, đóng góp vào việc phát triển giáo dục. Để thu thập dữ liệu, nhà nghiên cứu đã sử dụng bộ câu hỏi dạng định lượng với 145 người tham gia từ các khóa học khác nhau tại Đại học Nam Cần Thơ. Về dữ liệu định tính được thu thập thông qua phỏng vấn bán cấu trúc để hiểu sâu hơn trải nghiệm của khách thể tham gia. Nghiên cứu đã chỉ ra rằng nhận thức của sinh viên về lợi ích chủ yếu bao gồm tính linh hoạt, dễ dàng truy cập tài liệu, và nâng cao trải nghiệm cá nhân. Bên cạnh đó, một số thách thức được xác định chẳng hạn như thiếu tương tác, kết nối không ổn định có thể dẫn đến mất động lực học và kết quả học tập kém. Từ những phát hiện này, các đề xuất cải tiến cũng được đánh giá cao như đổi mới phương pháp giảng dạy, hỗ trợ động lực và tư vấn cho sinh viên để tham gia lớp học e-learning tốt hơn, mang lại các khía cạnh tích cực cho môi trường giáo dục.

Từ khóa: Đào tạo trực tuyến, lợi ích, thách thức, sinh viên chuyên ngành tiếng Anh

ABSTRACT

The research was conducted to understand the students' perceptions of the benefits and challenges in the process of acquiring knowledge from e-learning. This study concentrated on the assessment effective level, difficulty, and suggestions to improve, which contributed to developing education. To collect the data, the researcher used quantitative questionnaires with 145 participants from different courses at Nam Can Tho University. In terms of qualitative data was collected through a semi-structured interview for a deeper understanding of the learners' experiences. The results showed that students' perceptions of the benefits of e-learning included primarily flexibility, easy access to materials, and enhanced personal experience. Besides, some challenges were also identified, such as a lack of interaction, unstable connection, which can lead to a loss of motivation, and poor learning outcomes. From these findings, suggestions for improvement were also highly appreciated, with improving teaching methods, supporting motivation, and counseling for students to better engage in e-learning classrooms, which brings positive aspects to the educational environment.

Keywords: *E-learning, Benefits, Challenges, English-majored students*

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