

NAM CAN THO UNIVERSITY
FACULTY OF FOREIGN LANGUAGES



NGUYEN XUAN DAT

**EXAMINING NAM CAN THO UNIVERSITY
ENGLISH-MAJORED STUDENTS'
MOTIVATION IN ENGLISH LANGUAGE
LEARNING THROUGH THE LENS OF THE
SELF-DETERMINATION THEORY**

BACHELOR'S THESIS

Program: English Studies

Code: 7220201

Can Tho, 2025

NAM CAN THO UNIVERSITY
FACULTY OF FOREIGN LANGUAGES

NGUYEN XUAN DAT

212192

**EXAMINING NAM CAN THO UNIVERSITY
ENGLISH-MAJORED STUDENTS'
MOTIVATION IN ENGLISH LANGUAGE
LEARNING THROUGH THE LENS OF THE
SELF-DETERMINATION THEORY**

BACHELOR'S THESIS

Program: English Studies

Code: 7220201

SUPERVISOR
DUONG MINH TUAN

Can Tho, 2025

TÓM LƯỢC

Khái niệm về động lực học đã thu hút nhiều sự chú ý của các nhà nghiên cứu và đã được chứng minh là một yếu tố quan trọng cho sự thành công của học tiếng Anh. Mặc dù nhiều nghiên cứu đã được thi hành một cách bao quát trong lĩnh vực tiếp thu ngôn ngữ thứ hai, đa số đã triển khai phương pháp tiếp cận tập trung thay đổi. Để nói lại lỗ hỏng này, bắt nguồn từ giả thuyết Tự Quyết, nghiên cứu này nhằm khám phá động lực học của sinh viên chuyên ngành Ngôn Ngữ Anh tại Trường Đại Học Nam Cần Thơ bằng cách sử dụng phương pháp tập trung tiếp cận một người. Hai trăm lẻ chín sinh viên chuyên ngành Ngôn Ngữ Anh được mời tham gia vào nghiên cứu này. Cả phương pháp định lượng và định tính được tận dụng nhằm tạo cho sự phong phú cho bài nghiên cứu. Dữ liệu định lượng được thu thập thông qua 24 mục câu hỏi, và dữ liệu định tính được thu thập thông qua buổi phỏng vấn bán cấu trúc. Kết quả từ phân tích *K-means cluster* tiết lộ ba nhóm động lực học trong sinh viên Ngôn Ngữ Anh, bao gồm nhóm động lực thấp, động lực trung bình và động lực cao. Dựa vào giả thuyết Tự Quyết, lý do đằng sau việc học Tiếng Anh của các sinh viên trong mỗi nhóm đã được làm sáng tỏ trong bài nghiên cứu này.

Từ khóa: Động lực, phân loại nhóm động lực, Giả Thuuyết Tự Quyết

ABSTRACT

The concept of motivation has captivated the attention of many researchers and has been proven to be an essential element for the success of English language learning. Although studies on motivation have been extensively conducted in the field of second language acquisition, most have employed a variable-centered approach. To bridge this gap, rooted in the Self-Determination Theory (SDT), this study aimed to examine the motivation of English major students at Nam Can Tho University using a person-centered approach. Two hundred and nine English majors were invited to participate in this study. Both quantitative and qualitative methods were utilized to enrich the study's results. Quantitative data were collected through a 24-item questionnaire, and qualitative data were gathered through a semi-structured interview. The results from the K-means cluster analysis revealed three profiles of motivation among English major students, including *low motivation*, *moderate motivation*, and *high motivation* profiles. Based on the SDT, the reasons behind the English language learning of students in each group were elucidated in this study.

Keywords: motivation, profiles of motivation, Self-Determination Theory (SDT)

DECLARATION

The thesis entitled “Examining Nam Can Tho University English-majored students’ motivation in English language learning through the lens of the Self-Determination Theory” is conducted under the guidance of Mr. Duong Minh Tuan (M.A), a lecturer at Nam Can Tho University.

I hereby declare that all the information reported in this study is the result of my own work, except where reference is made. The thesis has not been accepted for any degree and is not concurrently submitted to any candidature for any degree or diploma.

Can Tho, 2025

Nguyen Xuan Dat

ACKNOWLEDGMENT

To complete this thesis, I would first like to thank my family for their unwavering support throughout the writing process. I would also like to express my gratitude to Nam Can Tho University for providing me with favorable conditions to study, practice, and accumulate knowledge, as well as for the opportunity to carry out my thesis.

More importantly, I would like to thank my supervisor, Mr. Duong Minh Tuan (M.A.), for his intellectual guidance and constructive feedback on the development of my thesis. I also thank him for his enthusiastic instruction on how to use the Statistical Package for Social Sciences (SPSS). His suggestions and guidance have been invaluable for my current and future research projects. I am extremely and sincerely grateful for all his help.

I would also like to express my sincere gratitude to Ms. Le Thi Diem Lan, Mr. Le Huu Tri, Mr. Pham Dinh Quoc, and Mr. Duong Minh Tuan for their support in the process of my collecting data in the classrooms. Additionally, I wish to thank all the participants for their valuable contributions to this thesis, as they dedicated their time to completing the questionnaire and answering my interview questions. I am extremely grateful.

Nguyen Xuan Dat

TABLE OF CONTENT

TÓM LUỐC	i
ABSTRACT	ii
DECLARATION	iii
ACKNOWLEDGMENT	iv
TABLE OF CONTENT	v
CHAPTER 1	1
INTRODUCTION	1
1.1 BACKGROUND OF THE STUDY	1
1.2 RESEARCH AIMS	2
1.3 SIGNIFICANCE OF THE STUDY	2
1.4 ORGANIZATION OF THE STUDY	3
CHAPTER 2	4
LITERATURE REVIEW	4
2.1 SELF-DETERMINATION THEORY (SDT)	4
2.2 MOTIVATION	5
2.3 TYPES OF MOTIVATION	8
2.3.1 Intrinsic Motivation	8
2.3.2 Extrinsic motivation	10
2.3.2.1 Identified regulation	11
2.3.2.2 Introjected regulation	11
2.3.2.3 External regulation	12
2.3.3 Amotivation	13
2.4 MOTIVATION AND THE ENGLISH LEARNING OUTCOMES	14
2.5 PREVIOUS STUDIES	15
2.6 JUSTIFICATION FOR THE STUDY	16
CHAPTER 4	23
RESEARCH RESULTS	23
4.1 QUANTITATIVE RESULTS	23

4.1.1 Identification of Motivational Profiles	23
4.1.2 Profile Characteristics	24
4.1.2.1 Low Motivation Group	25
4.1.2.2 Moderate Motivation Group	26
4.1.2.3 High Motivation Group	26
4.2 QUALITATIVE RESULTS	26
4.1.1 Low motivation group	27
4.2.2 Moderate Motivation group	27
4.2.3 High motivation group	28
CHAPTER 5	30
DISCUSSION AND CONCLUSION	30
5.1 DISCUSSION	30
5.2 CONCLUSION	32
5.3 DRAWBACKS AND IMPLICATIONS	32
5.3.1 Limitations	32
5.3.1 Implications	33
REFERENCE	35
APPENDIX A	41
QUESTIONNAIRES	41
APPENDIX B	49
INTERVIEW QUESTIONS	49
English version	49
Vietnamese version	50
APPENDIX C	51
INTERVIEW TRANSCRIPT SAMPLE	51
Vietnamese version	51
English version	54
APPENDIX D	57