

NAM CAN THO UNIVERSITY
FACULTY OF FOREIGN LANGUAGES



LE TIEN DAT

**ENGLISH-MAJORED STUDENTS’
PERCEPTIONS TOWARDS THE EFFECTS OF
ASYNCHRONOUS E-LEARNING ON
LEARNER AUTONOMY**

BACHELOR’S THESIS

Program: English Studies

Code: 7220201

Can Tho, 2025

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SUPERVISOR

DAO THI THAI (M.A.)

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ABSTRACT

The recent educational reforms in Vietnam as well as in international settings favor student-centered approaches, which provide chances to investigate learner autonomy within modern online learning environments. However, the educational system suffers from two main issues affecting English language education: passive learning behaviors combined with restricted learner autonomy. This study aims to investigate the perceptions of English-majored students toward how asynchronous e-learning environments influence their learner autonomy. A mixed-methods approach was used, combining a 20-question survey with 200 students and semi-structured interviews with 10 English-majored students. It was found that students have positive perceptions about the effects of asynchronous e-learning mode on their learner autonomy. These results are expected to provide valuable insights into the application of learner autonomy in the context of Vietnam's higher education system, offering implications for further educational innovation.

Keywords: Learner autonomy, asynchronous e-learning, English-majored students, perceptions

TÓM LƯỢC

Các cải cách giáo dục gần đây ở Việt Nam cũng như trên thế giới đều ưu tiên phương pháp học lấy người học làm trung tâm, tạo cơ hội nghiên cứu tính tự chủ của người học trong các môi trường học trực tuyến hiện đại. Tuy nhiên, hệ thống giáo dục hiện nay gặp phải hai vấn đề chính ảnh hưởng đến giáo dục tiếng Anh: hành vi học thụ động kết hợp với tính tự chủ người học bị hạn chế. Nghiên cứu này nhằm điều tra nhận thức của sinh viên ngành tiếng Anh về ảnh hưởng của môi trường học trực tuyến không đồng bộ đến tính tự chủ của họ. Phương pháp nghiên cứu hỗn hợp đã được sử dụng, kết hợp với 20 câu hỏi để khảo sát 200 sinh viên cùng với phỏng vấn bán cấu trúc với 10 sinh viên chuyên ngành tiếng Anh. Kết quả cho thấy sinh viên có nhận thức tích cực về tác động của hình thức học trực tuyến không đồng bộ lên tính tự chủ của họ. Các kết quả này được kỳ vọng sẽ cung cấp những hiểu biết quý giá về việc ứng dụng tính tự chủ của người học trong bối cảnh hệ thống giáo dục đại học Việt Nam, đồng thời đưa ra những gợi ý cho sự đổi mới giáo dục trong tương lai.

Từ khóa: Tính tự chủ của người học, học trực tuyến không đồng bộ, sinh viên ngành tiếng Anh, nhận thức

DECLARATION

This thesis, entitled “English-majored Students’ Perceptions towards the Effects of Asynchronous E-learning on Learner Autonomy” was conducted under the supervision of Ms. Dao Thi Thai (M.Ed.), a lecturer at Nam Can Tho University.

I hereby declare that this is my own work and it has not been submitted for any other degree or qualification at any other institution. All sources used in this study have been acknowledged in the references section. I also confirm that the research followed ethical guidelines throughout the study, while every participant provided their informed consent.

Can Tho, May 2025

Le Tien Dat

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ABBREVIATION

EFL: English as a foreign language

EVA: Evaluating learning performance

LMS: Learning Management System

PL: Planning learning experience

RES: Taking responsibility for decisions and assessment

SC: Self-controlling learning process

SPSS: Statistical Package for the Social Sciences